



**PRINCE SHRI VENKATESHWARA ARTS AND SCIENCE COLLEGE
GOWRIVAKKAM, CHENNAI-73**

NATIONAL SERVICE SCHEME and HEALTH CLUB

Invites you for

**“WORKSHOP ON STRESS MANAGEMENT FOR GIRLS & WOMEN
AT PERUMBAKKAM COMMUNITY HALL”**



RESOURCE PERSON:

**Mrs. Malathi Maran, Vice-president,
Exnora greater Chennai**

Venue: Perumbakkam community Hall

Date: 27.02.2023

Time: 10.00 AM to 01.00 PM



In the presence of

Dr. K. Vasudevan M.A., B.Ed., PhD.,

Chairman & Founder Prince Group of Educational Institutions

Dr. V. Vishnu Karthik M.D.,

Vice – Chairman

Prince Group of Educational Institutions

Er. V. Prasanna Venkatesh B.E., M.Sc., (UK)

Vice- Chairman

Prince Group of Educational Institutions

Dr. M. Uma M.Sc., M.Phil., Ph.D.

Principal

Dr. J. Janaki M.Com., M.Phil., Ph.D.

Vice Principal, IQAC Co-ordinator